

Camp Tomahawk Gluten/Dairy Free Menu

*Indicates this item is the same as the regular menu option.

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<u>Check Out Troops</u> GF Bagel & Peanut Butter Hardboiled Egg *Fresh Fruit	Oatmeal w/ raisins and cinnamon *Fresh Fruit	Scrambled Eggs Potatoes *Fresh Fruit	Oatmeal w/ raisins and cinnamon *Fresh Fruit	Scrambled Eggs Potatoes *Fresh Fruit	Oatmeal w/ raisins and cinnamon *Fresh Fruit	Scrambled Eggs Potatoes *Fresh Fruit
Lunch	Cook's Choice	Non Breaded Chicken Sandwich GF Bun *Tomato *Lettuce Coleslaw	Hot Dogs (2) On GF Buns Potato Salad *Baby Carrots *Fresh Fruit	*Sloppy Joes GF Bun *Coleslaw *Fresh Fruit	Burgers In Paradise (*2 Patties, GF Bun) *Lettuce/Tomato *Pickles *Potato Chips *Baked Beans GF/DF Cookie	*Turkey Hoagie GF Bun *Lettuce, *Tomato *Fresh Fruit Potato Salad	*Hot Dogs (2) On GF Buns *Baked Beans *Potato Chips *Applesauce
Dinner	GF Pasta Marinara sauce w/meat *Baby carrots Jell-O Cup	Taco Salad *Seasoned Beef and *Beans, *Tomatoes, *Lettuce, *Salsa Corn Chips GF/DF Cookie	Pork Tenderloin w/ BBQ Sauce Potato Wedges Corn GF Dinner roll Jell-O Cup	GF Pasta Marinara sauce w/meat *Green beans GF/DF Cookie	*Ball Tip Steak (*Potato, *onion, *carrot) GF Dinner roll Apples with Oatmeal Topping	Tater Tots Chicken Drumstick *Salad GF/DF Cookie	Pot Roast w/ BBQ Sauce Potato Wedges *Carrots & Celery Jell-O Cup

Milk, Apple or Orange Juice, Dry Cereal, and Fresh Fruit will be available during Breakfast

Milk, PBJ, Kool-Aid, Fresh Fruit will be available during Lunch and Dinner