

# Camp Tomahawk Vegetarian/Pork Free Menu

**\*Indicates this item is the same as the regular menu option.**

	<b>Saturday</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	<b><u>Check Out Troops</u></b>  *Bagel & *Cream Cheese *Yogurt *Fresh Fruit	<b>Oatmeal w/ raisins and cinnamon</b>  *Fresh Fruit	<b>Scrambled Eggs</b>  Potatoes  *Fresh Fruit	<b>Oatmeal w/ raisins and cinnamon</b>  *Fresh Fruit	<b>Pancakes &amp; Syrup</b> (mix for pancake)  Eggs (2)  *Fresh Fruit	<b>Oatmeal w/ raisins and cinnamon</b>  *Fresh Fruit	<b>*Belgian Waffles</b>  Scrambled Eggs  *Fresh Fruit
<b>Lunch</b>	<b>Cook's Choice</b>	<b>Black Bean Burger</b> *Cheese on a *Bun *Tomato *Lettuce  *Potato Salad	<b>Soy Corn dog (2)</b>  *Baked mac and cheese  *Baby carrots	<b>Lentil Joe's</b> *Bun  *Cole slaw  *Fresh fruit	<b>Veggieburgers In Paradise</b>  *2 Patties, *Bun, *Lettuce/*Tomato, *Pickles, *Potato Chips, *Baked Beans  Cookie	<b>Egg Salad Sandwich</b> *Hoagie Bun *Lettuce *Tomato  *Pasta Salad	<b>Soy Hot Dog (2)</b>  *Baked Beans  *Potato Chips  *Applesauce
<b>Dinner</b>	<b>*Cheese pizza boat</b>  *Baby carrots *Ranch dressing  *Fruit whip	<b>Taco Salad</b> (seasoned beans, *chips, *lettuce, *salsa, *sour cream)  *Cookie	<b>Stuffed Green Pepper</b>  *Mashed potatoes *Corn *Dinner roll *Ice cream cup	<b>Bowtie Pasta</b> Marinara sauce w/lentils  *Green beans *Bread stick *Fruit whip	<b>Foil Dinner</b> (Potato, onion, carrot, tofu)  *Dinner roll  *Fruit Cobbler	<b>Tater Tot Hot Dish</b> w/black beans  *Dinner roll *Salad  *Ice cream cup	<b>Black Beans and Rice</b> *Mashed Potato  *Carrots & *Celery *Dinner Roll  *Pudding

**Milk, Apple or Orange Juice, Dry Cereal, and Fresh Fruit will be available during Breakfast**

**Milk, PBJ, Kool-Aid, Fresh Fruit will be available during Lunch and Dinner**