

NORTHERN STAR SCOUTING

TOMAHAWK

SCOUT CAMP



Planning Guide

2024



**PREPARING YOUTH
IN A SAFE AND INCLUSIVE
ENVIRONMENT TO BE
LEADERS AND INDIVIDUALS
OF STRONG CHARACTER**



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LEARN MORE AT
www.CampTomahawk.org



ADVANCEMENTS ROTATING IN FOR JUST 2024

Moviemaking MB, NOVA Up and Away!, Bird Study MB, Forestry MB, Mammal Study MB, Orienteering MB, Rowing MB, Salesmanship MB, Soil & Water Conservation MB, Weather MB.

APOSTLE ISLANDS SAILING ADVENTURE

Each week, a troop gets to experience a 4-day, 3-night expedition exploring the Apostle Islands aboard a sailboat. Navigate the clear waters of Lake Superior and the Apostle Islands while marveling at breathtaking sea caves and towering sandstone cliffs.

UPDATED CANCELLATION AND REFUND POLICY (PAGE 9)

TRADES BASED PROGRAMS EXPANSION

Plumbing MB | Woodwork MB | Painting MB

Woodwork and Painting is a bundled pilot program this summer offered over Tuesday and Thursday. It is an all day program hosted in the Gruenhagen Shop. Plumbing will be added along side Welding MB and Metalwork MB on the Monday, Wednesday, Friday Option.

MOVIEMAKING MERIT BADGE

Moviemaking is back for 2024. It is available to Scouts 13 and older. Scouts will make a short videos telling the stories of Tomahawk.

VOYAGEURS OUTPOST

This is a new self-guided troop activity. Sign up to spend the afternoon and evening using standard size canoe to paddle around the whole Tomahawk peninsula. We'll pick you up and drop you off.

PADDLERAFT SAFETY

This hasn't been offered at Tomahawk in while. It will be offered in 2024. Current plans to rotate it out in 2025. (See page 14 in Program Catalog for more details).

LEADER LOUNGE AND INCREASED INTERNET

We are remodeling a space near the Chippewa trading post to be used by leaders needing a convenient place to work remotely. We are also installing a Starlink antenna in White Pine for increased bandwidth for adult leaders in White Pine.

UPDATED EQUIPMENT

- **50 New Tents**
- **New Lily Pads for Each Beach**
- **New Mountain Bikes**
- **New Whitewater Kayaks**
- **New Climbing Holds**



HORSE BACK RIDING SIGN UP

All horse back rides will be booked in the Scouting Event system. This will be similar to how merit badge sign up operates.

ADULT LEADERSHIP

All adults participating in a Scouting overnight must be registered with the BSA and have completed youth protection training. Make sure all your adults are registered and trained before coming to camp this summer.

LOGGING LEGENDS

We've expanded our older Scout Logging Camp program to include both Tuesday and Thursday morning. Optional overnight on Monday. More details in Program Catalog.

FRIDAY SAILING REGATTA

We are hosting a sailing race at Sioux Beach each week on Friday afternoon. Sign up in Scouting Event.

GOLF MERIT BADGE

This has been added as an older Scout activity hosted at the Welcome Center.

PRIORITY REGISTRATION PERIOD EXTENDED

You now have until the end of your week at camp to book your campsite for next summer.

ADULT ENGAGEMENT

We need adults to help with offsite trips. We have two staff per program, but we won't always have two that are both over the age of 21 and the needed gender for the group make up. We need your participation to uphold youth protection standards.

Follow the link in your adult leader roster in Scouting Event to sign up to help.



Sometimes the Scoutmaster is the unit contact that receives this packet. The description below is intended to assist the Scoutmaster in identifying and explaining the role of a Summer Camp Coordinator to themselves or a volunteer taking on this important role..

POSITION DESCRIPTION

- Serve as primary coordinator for preparations for troop's Tomahawk experience
- Utilizing resources outlined in this guide, inspire Scouts to attend Tomahawk Scout Camp
- Recruit Adult Leaders and Parents to serve in support roles such as merit badge coordinator, older Scout coordinator, carpool coordinator, etc.
- Ensure Scouts and Leaders are signed up for programs through reservation in Scouting Event and communicate pre-requisites.
- Serve as the voice of information from Tomahawk to entire unit
- Ensure unit has safe travel plans to and from Tomahawk, and entire unit is aware of schedule
- Collect necessary documents from Scouts, Leaders, and Parents.
- Submit necessary information into Scouting Event Reservation.
- Coordinate with unit treasurer to ensure payments are submitted on time to Tomahawk
- Coordinate collection and distribution of merit badges and awards earned at Camp
- Review weekly emails from Tomahawk and share relevant information

PLANNING FOR CAMP PAGE

The Tomahawk Website has a Planning for Camp page that has links to access your camp reservation, forms to download, and video tutorials. Scan the QR code below to see the Planning for Camp Page or go to www.CampTomahawk.org/Planning



FORMS & RESOURCES PAGE

The Tomahawk Website has a Forms & Resources Page where you can download forms or get links to important resources. Scan the QR code below to see the Forms & Resources or go to www.CampTomahawk.org/Forms



QUALIFICATIONS

Volunteer with the Scouting Unit attending Tomahawk Scout Camp

COMPETENCIES

- Excellent communication, organizational, and leadership skills
- Problem solving and troubleshooting
- Ability to recruit fellow adult leaders for support
- Responsible and mature
- Strong time management and flexibility

TIME COMMITMENT

On average, Summer Camp Coordinators spend two hours a week on preparations through the spring.

TUTORIALS PAGE

Watch videos showing how to do everything from logging into the Scouting Event system to signing up for troop activities. Scan the QR code below or navigate to this page through the Planning for Camp page on the Tomahawk Website.





Use this checklist to help remind you what to do in the planning for camp process. Go to the Planning For Camp Page on the CampTomahawk.org website to see this checklist with direct links to relevant information and forms. The (#) indicates the page you can find info on an item.

OFFSEASON PREPARATIONS

- ☐ Review Summer Camp Coordinator Role (4)
- ☐ Bookmark Scouting Event Reservation Webpage (8)
- ☐ Update your estimated attendance amount (8)
- ☐ Add additional adult contacts to your reservation (8)
- ☐ Promote Camp Staff and CIT program to Scouts (16)
- ☐ Encourage troop members to schedule a (15) camp physical with a doctor

FEBRUARY/MARCH

- ☐ Watch or Attend the Summer Camp Orientation
- ☐ Email Program Catalog to your families
- ☐ **Plan and Host a Summer Camp Promotion Meeting**
- ☐ Promote Family Island opportunities to all your Scouting families. (21)
- ☐ Share Campership information with families (9)
- ☐ Lock down a date and location for swim tests (20)
- ☐ Secure commitments from Scouts
- ☐ Populate roster online (8)
- ☐ Submitting youth deposits online (8)
- ☐ Review how to sign-up for programs (8&18)
- ☐ Collect Scouts' Program Planning Worksheets (22)
- ☐ Review forms and documents

APRIL

- ☐ Register Scouts for Merit Badges/High Adventures
- ☐ **April 2th at 7pm:** Programs open to 16 and older
- ☐ **April 9th at 7pm:** Programs open to 14 and older
- ☐ **April 16th at 7pm:** Programs open to all ages
- ☐ **April 15th** - Youth Deposits Due
- ☐ Order your custom camp t-shirts (23)
- ☐ Submit RSVP to Camp Work Party
- ☐ Review and sign up for camp service projects

MAY

- ☐ Share campsite equipment options with unit (17)
- ☐ Submit Troop afternoon activity interests (catalog)
- ☐ Submit Full Payment for all participants (9)

JUNE

- ☐ **June 1st** - Full Payment Due (9)
- ☐ **June 1st** - Camperships Requests Due (9)

ONE MONTH BEFORE YOUR WEEK AT CAMP

- ☐ Review packing list with Scouts (29)
- ☐ Share medication policies with families (15)
- ☐ Host wildlife training with your unit (14)
- ☐ Organize carpooling to camp
- ☐ Share how to contact Tomahawk with parents
- ☐ Submit attendees' dietary restrictions online (19)
- ☐ Submit equipment requests online (8&17)
- ☐ Collect health forms (34-37)

TWO WEEKS BEFORE YOUR WEEK AT CAMP

- ☐ **Merit Badge Requests close 2 weeks prior**
- ☐ **Troop/Crew Activity Requests close 2 weeks prior**
- ☐ Make copies of health forms (34-37)
- ☐ Collect ATV Hold Harmless Forms, ATV E-Course Certifications, and Logging Camp Shooting Sports Hold Harmless Forms (32-33)
- ☐ Finalize partial week adult attendance online
- ☐ Share travel plans with parents
- ☐ Collect a blank check from troop treasurer or confirm payment method to pay final bill at camp.
- ☐ Review documents to have ready upon arrival (11)

YOUR WEEK AT CAMP

- ☐ **Book your campsite for the summer after next (8)**
- ☐ Track Merit Badge Completion Status (18)
- ☐ Buy Segments (23-24)
- ☐ Share photos with parents at home
- ☐ Complete Feedback Form
- ☐ Pick up Merit Badges at Checkout
- ☐ Pay final bill



THE GOAL

Tomahawk Scout Camp is your tool for a great summer camp experience. Tomahawk is utilized by units to meet its goals of carrying out the mission of Scouting through the outdoor program environment. Tomahawk is your ultimate camp experience.

Tomahawk holds the values of Scouting in the highest regard and has the ultimate goal of producing young adults that are equipped with character and trained for citizenship. We believe the way to achieve this is through the guidance of passionate adult leadership in a camp environment.

We offer exciting programs with trained staff, serve great food, and strive to help you during the week. However, we should never lose track of camp's main objective: to provide the unit the opportunity to develop their youth.

It is our goal that after your Tomahawk experience, your unit returns stronger and better prepared to spend the rest of the year producing young adults with character willing to serve their communities. Our hope is they would continue the Scouting message in that community to shape more responsible youth for the future.

HOW DO YOU DO IT?

It starts right now as you're planning for camp. Use the patrol method to have Scouts, by patrol, share their interests in the activities they would like to do at Tomahawk. Use the Patrol Leader's Council to summarize the patrol's interest into a common troop list of the most popular programs. This reinforces the patrol method and gives them the opportunity for "participating citizenship".

Assist patrol leaders with the coaching necessary to get them ready to lead and represent their patrol. Review the use of duty rosters and cover as much as possible about your trip and camp plans so they will be a source of information to their patrol members.

At camp, work through your Senior Patrol Leader and Patrol Leaders' Council to construct and carry out plans. Troop members usually enjoy activities planned and carried out by youth leaders, with appropriate guidance, to ensure smooth delivery.

By using and reinforcing the patrol method, Scouts will learn responsibility, cooperation, and leadership – major parts of citizenship – and your troop will return stronger.

WHAT YOU CAN EXPECT

So what can you expect from Tomahawk? We will take care of the programs so you can focus on helping Scouts achieve all they set out to do.

We will provide you a campsite with water, picnic tables, a flagpole, a fire ring, a latrine, and a bulletin board.

We will take care of all meals. If you would like to bring your own ingredients and make your own menu, we will support your unit in that choice as well.

We have supporting infrastructure that provides health personnel, sanitation, and administrative support.

Our trained camp staff that will:

- Lead merit badge and Brownsea programs.
- Lead programs that require trained or certified instructors such as rifle ranges, climbing towers, Project COPE, or aquatics activities.
- Coordinate camp-wide activities that help build a larger camp community like campfires and competitions.
- Help you develop a schedule that coordinates your unit's use of the camps facilities and activities.

STATEMENT OF NONDISCRIMINATION

These camping opportunities are made available through Northern Star Scouting, Boy Scouts of America. They meet the standards of the National Council, BSA and are inspected to assure a high quality, successful camping experience. Tomahawk is committed to a policy that all persons shall have equal access to its facilities, employment, and USDA Child Nutrition Problems without regard to race, creed, color, sex, national origin, age, or handicap.





NORTHERN STAR SCOUTING
TOMAHAWK
SCOUT CAMP

THE GOAL OF TOMAHAWK

MISSION:

Preparing youth in a safe and inclusive environment to be leaders and individuals of strong character.

GOALS OF THE OUTDOOR PROGRAM

The secret to successful program at Tomahawk is following the recipe laid out in the goals of the Outdoor Program. We "mission test" each of our activities to ensure that it meets the following principles. This ensures that your unit not only has fun, but has the opportunity to grow and develop as well.

Your Scouts might be signing up for a troop climb because they think it is fun, but what they will receive is so much more than just an exciting program. They will learn teamwork and cooperation, develop high self esteem, and learn to accept responsibility.

Develop Self Reliance – Building the skills and attitudes that help a person believe that they can better take care of themselves.

Develop Resourcefulness – Building the skills and attitudes that help a person believe that they can use the things available to them for other purposes.

Develop Leadership – Building the skills that helps a person lead others.

Understand Democracy – Better understanding the form of government or organization that includes voting and making choices.

Learn Respect for the Environment – Learn to appreciate the balance in nature and how to better coexist with the natural world.

Learn Wise Use of Natural Resources – Learn how to take care of the environment.

Be Involved in Participating Citizenship – Being part of a group by doing your share and helping out with the group tasks.

Learning to Accept Responsibility – Learning to do the tasks assigned to you and the things you see need to get done.

Learn to Help Others – Doing things to help other people.

Learn Teamwork and Cooperation – Learning to work together for a common goal and getting along with others.

Learn Respect for Others – To accept and celebrate diversity.

Develop High Self-Esteem – Build a positive feeling about yourself.

Develop Physical, Mental, and Emotional Fitness – Build the body's strength and health and the mind's abilities to solve problems and cope with adversities.

Grow Spiritually – To build the belief that there is something "Beyond Themselves".





VIEW YOUR RESERVATION

When you originally booked a campsite, you received a confirmation email. This email includes a link to access your reservation. If you can't find this email, you can access your reservation through the event page.



To watch a tutorial on how to do this and how to sign up for programs scan the QR code to the right.

ADDING ADDITIONAL TROOP CONTACTS

One of the first things you should do when you log in is add additional troop contacts. Click on the "Update Information" button in the "Contact" section. You'll see fields to add email addresses for other troop contacts. These email addresses will receive general camp communication leading up to your week at camp

BOOKMARK THE EVENT AND SHARE LINK

When you first log in and can view your reservation, bookmark that page. In addition, go to the navigation bar in your internet browser, select the page address (URL) and copy this address. This web address (URL) is unique to your reservation and can be shared with other trusted adults in your troop. Anyone with that link will be able to get into your reservation, make changes, sign Scouts up for programs, and make payments. Only give this link to trusted adults; do not send it to every parent.

CONFIRM PARTICIPANTS

Confirm Participants

When you first log in, you'll see a "Confirm Participants" button. When you are ready to submit youth deposits, update your camper numbers, click the button, and then proceed to pay \$50 deposit for each youth.

PARENT PORTAL

If your troop wants parents to submit youth deposits and full payments on behalf of their Scouts, click the "Parent Portal" dropdown and select "Use Parent Portal" before clicking "Confirm Participants". This will allow you to book Scouts without paying the youth deposits up front.

SIGN UP FOR PROGRAMS

To sign a Scout up for programs, they must be on your roster and they must have their youth deposit paid. To watch a tutorial on how to do this and how to sign up for programs scan the QR code to the left.

Have each Scout complete the Scout Program Planning Worksheet and collect them by the end of March.

Program sign up first opens up by age group in April. Each week, we change the program minimum ages to allow more Scouts to register. Registrations are first come, first served.

- ☐ **April 2th at 7pm:** Programs open to 16 and older
- ☐ **April 9th at 7pm:** Programs open to 14 and older
- ☐ **April 16th at 7pm:** Programs open to all ages.

FULL PAYMENT

Full Payment is due for each participant by June 1st. An additional \$25 charge is added to each youth not paid in full by June 1st at 11:59pm.

REQUEST EQUIPMENT

Submit requests for tents and cots through your registration. Click the "Update Information" button in the registration contact's record to put in your request.

REPORTS

Under the "Reports" tab, there are many reports that you will find useful before, during, and after camp. Please explore these and watch the tutorial about them.

BOOK YOUR CAMPSITE FOR 2025

Since you have a campsite booked for 2024, your troop has priority over the same site for the same week for 2025. You have until the end of your week at camp to rebook your campsite for next year. After your week any unreserved campsites are open for any troop to book.

To book your campsite for next year, log into this year's reservation. Click on the "Site Saver" button on the right side of the page, and submit \$100 campsite deposit. Once complete you will receive a confirmation email with link to your new reservation.



PARTICIPANT FEES

Youth Fee: \$375

Adult Full Week \$135

Adult Partial Week

- Sunday \$16
- Monday-Friday \$26/day
- Saturday \$11

Bringing your own food?

Troops/Scouts bringing their own food pay \$45 less per person.

FINANCIAL ASSISTANCE

For Scouts who are not able to afford the full fee of camp, there is financial support available. This assistance is like a scholarship for camp. We call these camperships. The funds to provide camperships are supplied by donors in Northern Star Council and are ear-marked for Northern Star Scouts only.

To apply, go online or scan the QR Code below. Applications due by June 1st.



DISCOUNT FOR CAMPING TWICE

Scouts that attend Tomahawk or Many Point twice in a summer will receive \$50 off their second week.

PROGRAM FEES

Some programs have an additional charge for supplies provided or specialty staff/equipment. Review

PAYMENT TIMELINE

Upon Reservation:

\$100 non-refundable campsite deposit

April—Before Program Sign Up

\$50 deposit (non-refundable) per Scout. The deposit is required before you can sign a Scout for any individual programs. These are due on or before April 15th.

June 1st: Full camper fee payment is due on June 1st, prior to camp.

End of week at camp: Any incidentals fees (patch sales, charges to trading post, troop program charges) accumulated at camp will be due upon check-out.

CANCELLATIONS AND REFUNDS

All events hosted by the Northern Star Camping Department utilize the same cancellation policy. Requests for refunds/cancellations need to be made in writing (preferably via email). The amount refunded is determined by when we are notified. **If we are notified:**

- **30 or more days prior to the start date of your session:** all fees paid besides the deposit will be refunded to you or your unit (dependent upon the program you are cancelled for).
- **29 to 8 days prior to the start date of your session:** all fees paid besides the deposit will be refunded to you or your unit as a credit that can be used for any program operated by the Northern Star Camping Department.
 - * This credit can be applied to any future registration(s) that have a balance due.
 - * This credit will be available for 365 days from the date of the cancellation.
 - * Some examples of programs this credit could be used at include: Cub Summer Camp, Scouts BSA Summer Camp, Fall Day Camp, Polar Cubs, North Wind, Snow Base.
 - * This credit currently cannot be applied to facility reservations or events held by other parts of Northern Star, such as the Klondike Derby or Wood Badge.
- **7 or less days prior to the start date of your session:** all fees paid will be forfeited.

Exceptions will be made at the discretion of the camp director for family or medical emergencies.

For Scouts BSA Summer Camp, the deposit includes the \$100 campsite deposit (if no youth have been booked), the \$50 per youth deposit, and any older Scout program fees that individual is signed up for.



WHAT IS A SUB-CAMP?

At Tomahawk we operate four separate and independent sub-camps. Each sub-camp has their own climbing tower, first year camper program, beach, boating area, ecology center, and more.

One of our four sub-camps is our Resident Arrow of Light Sub-Camp. The other three sub-camps are Scout BSA Camps; Chippewa, Sioux, and White Pine. Though they have the same program schedule and offer the same merit badges, they all operate their own separate merit badge programs. This means a unit in Sioux taking Climbing merit badge will not have to wait for those in Chippewa to climb first. The primary differences between the sub-camps are how food service is conducted and how tenting is done.

CHIPPEWA CAMP

- 14 Campsites: Most directly on the lake or near the lake.
- Meals served in dining hall
- Tents, cots, and tarps available upon request for small charge.
- Recently remodeled Shower Building
- Scouts setup tents in designated areas in campsite upon arrival.
- Situated between Long Lake and Lake Nielsen.



SIoux CAMP

- 14 Campsites: Most directly on the lake or near the lake.
- All meals are eaten in your campsite.
- Breakfast and Supper are cooked by the troop. Ingredients are delivered at each meal time ready to cook, Food is portioned by patrol.
- Lunch is delivered to your campsite hot or ready to eat.
- Stoves, propane, tents, cots, and tarps available upon request for small charge.
- Scouts setup tents in designated areas in campsite upon arrival.



WHITE PINE CAMP

- 10 Campsites all are directly on the lake or near the lake.
- Meals served in dining shelter
- Tents, cots, and tarps come standard in White Pine at no additional charge.
- Tents are setup on raised wooden platforms and ready to move into upon arrival.
- White Pine is in a thicker forested area of camp and stays cooler under the canopy than Chippewa or Sioux Camps.



ARROW OF LIGHT CAMP AT TOMAHAWK

This camp is specifically for Cub Scouts currently working towards their Arrow of Light award (going into 5th grade). Invite your den to attend this 3 day, 3 night program. Before they leave invite them to visit your troop's campsite. Our most successful troops and packs have Scouts attend AOL Camp.

FAMILY ISLAND

This sub-camp is just for families. There are 10 cabins, all with their own bathroom. See page 21 for more information.



DRIVING TO CAMP

Troops should arrive between 1pm and 3pm. Plan plenty of time to get to camp, including an average of 1 stop every two hours along the way. One of these stops should be a 45 minute lunch stop on the way. There are multiple options in Rice Lake, but other troops will stop in the Eau Claire area or Cumberland for lunch.

CAN'T ARRIVE ON SUNDAY?

If you're traveling over 300 miles and would like to request early arrival or have other restrictions and you can't arrive until Monday, you can request a different arrival day by emailing Tomahawk@NorthernStar.org

ARRIVAL AT CAMP

When you arrive at camp only one adult leader needs to stop at Welcome Center to check-in with the administration staff. The rest of your unit can proceed to the campsite and start setting up. We prefer either the Scoutmaster or Camp Coordinator stops, however, any adult leader who was involved in the planning process can check-in. During check-in, we'll:

- Verify your unit roster
- Collect and review copies of everyone's health forms
- Collect your food count form
- Collect any ATV E-Course Certificates and Hold Harmless Agreements,
- Collect Logging Camp Shooting Sports Waiver
- Collect Bear training acknowledgement
- Verify Scout programs
- Pick up Scout and Troop schedules
- Receive parking passes
- Receive wristbands and nametags

WHAT TO EXPECT ON SUNDAY

After you have checked in, you'll be given directions to your campsite. Upon arrival to your campsite, the following things will happen (in this order):

- **Unload gear** and start setting up
- **Campsite Orientation:** Camp staff will review campsite expectations and make sure Scouts know where key campsite items are.
- **Swim Tests:** If you didn't do swim tests before camp, you can do them at camp. As soon as you can, change into your swimming gear and head to the beach. Each beach will have buddy tags.
- **Dining Orientation (Chippewa and White Pine only)**
- **Flag Lowering and Dinner** Chippewa and White Pine campers should report to the parade field in Field (Class A) uniform.
- **Emergency Drill and Camp Tour** Just after supper at 7:00pm, you will hear severe weather horn signal a drill. At this time, our staff will start your orientation around camp. They will show you the location of your storm shelter and tour you around camp. They will discuss rules for all the areas and tell you where merit badges will be offered. All Scouts and leaders should attend.
- **Leader Roundtable Meeting** is the chance to get any unanswered questions addressed before your week starts. We will cover further equipment needs and a host of other topics to make sure you start the week prepared. Bring two adult leaders and your SPL. Leaders will verify OA call-out lists at this time.
- **Opening Campfire:** At 8:30, the camp tour and roundtable will end. Everyone should go directly to the campfire for full camp welcome.

END OF WEEK CHECK-OUT

On Friday night after supper and before closing campfire, staff will be coming to your campsite to:

- Inspect canvas
- Deliver an end of week bill to review
- Deliver Merit Badge Advancement Summary

Saturday Morning Breakfast

Breakfast will be delivered on Friday night at supper time. Chippewa and White Pine breakfast crates will be available in the dining hall/shelter on Saturday morning. Sioux Camp will have breakfast crates delivered with Friday supper to their campsite.

Campsite Checkout

Troops will check themselves out of their campsites. Please do this by 10am. We trust troops to leave their campsites in good repair and better condition than they found them.

Checkout at Welcome Center

On the way out of camp, the camp coordinator must stop at Central Services. The admin staff will be ready to receive troops as early at 8am. These are the items that will be done:

- Verify advancements and sign advancement report
- Pick up Merit Badges
- Pay your unit's bill. Please have a troop checkbook at camp to pay the final bill.
- Turn in Medication Distribution Records
- Turn in your Camp Feedback Form
- Confirm next summer's reservation and estimated attendance if not already booked.
- Pick up this year's Tomahawk Patches
- Get information on Winter Camp



Although the Scout Oath and Law are the only rules that a Scout camp should need, the following rules and policies have been established to ensure the safety of all Scouts.

UNIT LEADERSHIP

Two registered adult leaders 21 years of age or over are required at all Scouting activities (including summer camp). There must be a registered female adult leader 21 years of age or over in every unit serving females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth.

All adults with a Troop or Crew, spending the night, must be registered as a Leader with the BSA.

Leadership in camp will not be a problem if you approach it early. Sources of leadership include your Scoutmaster, unit committee members, parents, and members of your sponsoring institution. If you are having problems, now is the time to contact your District Executive. **All adults must be youth protection trained.**

VISITORS

All camp guests, visitors, Scouts and leaders must check in and out. On Sunday and Saturday check-in and check-out are at the Welcome Center. Monday – Friday please check in and out at Central Services.

Visitors spending the night

Tomahawk's program is designed and intended for registered youth members and the adult leaders who will be working with them. Other family members or guests may visit the unit campsite with the approval of the Scoutmaster, but if they would like to camp or participate in the program, they must do so through Family Island.

SCOUTS DEPARTING CAMP

Scouts leaving camp early will need to do so following youth protection guidelines. The unit is responsible for ensuring youth protection guidelines are being followed. All Scouts leaving camp Monday-Friday must check out with our administrative staff at Central Services.

CELL PHONES

Phones can be a great way to enhance an outdoor Scouting experience, but they can be a challenge to manage. At Tomahawk, phones are only to be used by youth under the supervision of an adult. Please inform parents not your unit's phone policy before you attend camp.

Phones can have positive benefits to youth at camp, but they may not be worth the hassle for troops and crews to manage.

VEHICLES AND DRIVING

CAMP SPEED LIMIT

The camp speed limit is 15 MPH. When campers are present, one should drive even slower to ensure the safety of everyone.

PASSENGERS

All passengers must wear seat belts. No one can ride in the back of pickup trucks or anywhere else in a vehicle not designed for passengers.

PARKING

Vehicles should be parked in designated parking areas. There is absolutely no parking inside campsites. Loading and unloading at the campsite is allowed, but we ask that vehicles are moved back to a parking area immediately after. If someone in your troop or crew needs a special accommodation, a vehicle may be parked at the campsite and can be used to transport that individual around camp. Please contact camp to receive a special use permit to park at your campsite.

BUDDY SYSTEM

Scouts must be instructed to use the buddy system when hiking or exploring around camp and are encouraged to inform their leaders of their plans when leaving their campsite.

QUIET HOURS

Quiet hours are 10 p.m. to 6 a.m. Scouts are expected to be, and stay, in their campsite after the evening programs end.



ALCOHOL AND TOBACCO

Alcohol is not allowed on camp property and is not to be consumed while at camp. Leaders should be of sound mind and body while at camp and not under the influence of alcohol or any other substances.

Tobacco and vaping products are only allowed in long term parking areas and away from youth participants.

LEAVE NO TRACE

Tomahawk Scout Camp has been used and enjoyed by Scouts for many years. This year, thousands of Scouts, Webelos, and leaders will pass through the camp gates. This amount of traffic can have a negative impact on the soil, forest, and wildlife. As caretakers of this property, we ask that you be aware of your impact on the land so future generations can enjoy our camp.

Upon arrival at your campsite, hike the entire site before setting up camp. Select patrol sites that have not been used the previous week. Your camp commissioner may have closed a patrol site for conservation. Please do not camp in patrol sites closed for conservation.

Litter: Please dispose of all litter in the proper manner. Tomahawk will recycle aluminum cans, glass, plastic, cardboard and must pay for garbage removal. It is everybody's job to keep Tomahawk litter-free.

CAMPSITE IMPROVEMENTS

Any permanent improvement to your campsite must be approved by the Tomahawk Director or Camp Ranger. No permanent benches, platforms, docks, or other structures may be built without advance approval. Please keep Tomahawk rustic!

To sign up for a service project or campsite improvement project, go to the Tomahawk website and access the volunteer page through the contact us page or the programs page.

FIRE SAFETY

Camp is a great place to teach Scouts fire safety. Each unit should complete and use the Unit Fireguard Chart, which will be provided at camp. Fires must always be supervised and your campsite fire barrel should be filled with water so ample water supply is quickly available in the case that a fire begins to spread or get out of control. When not in use, all accelerants must be kept in locked storage.

Campfires: Conserve firewood by using small fires or troop-supplied gas stoves under adult supervision. Large campfires are a waste of resources and a camping practice that creates relationship problems when Scouts repeat the practice in State and National Parks. Never leave a fire unattended.

Wisconsin State Law Prohibits transporting firewood into camp.

BIKES

Adult leaders and Scouts can bring bikes to camp. Those who choose to use their own bikes to get to the more distant parts of Tomahawk, such as Logging Camp, must agree to follow Tomahawk's bike safety policies. Failure to comply with these regulations will result in the loss of riding privileges. Bike riders must follow all traffic regulations:

- Only big tire bikes are allowed. Tomahawks roads are not friendly to narrow-tire bikes.
- Industry-approved helmets MUST be worn at all times.
- Ride on the right side of the road
- Stop for stop signs
- Stay on roads or approved trails
- Do not exceed speed limits
- Bikes must be parked upright in designated areas or out of normal traffic paths
- Ride in a responsible manner

AQUATICS

A unit may setup a waterfront at their campsite. The beach director must approve it and the rules of Safety Afloat and Safe Swim Defense must be followed.

Troops that want to bring a motor boat must inform camp prior to attending. Troops may park the boat at their campsite. This may require mooring the boat off shore in some cases. Jet skis are not allowed.

FISHING

Anyone over the age of 16 must acquire a Wisconsin fishing license. These can be purchased online or at a nearby gas station.



CAMPING WITH WILDLIFE

Tomahawk is home to many different animals native to the Midwest region. White-tailed deer, beavers, porcupines, black bears, snakes, turtles, and many others are commonly seen all throughout the summer. They all enrich the outdoor camping experience and will create memories of your week at Tomahawk. However, they are all wild animals. For your and their protection, we require adherence to our wildlife policies. It is mandatory that all troops, crews, visitors, and staff read and follow the information in the Black Bear Education Manual. It provides information on campsite precautions when camping with wildlife, how to act in an encounter with wildlife, and ways to ensure you have a safe week at camp.

BEARS

Seeing a bear at camp can be very exciting, and it's important to be prepared for this encounter. Please review the information on bears in the Black Bear Manual.

The training in the Black Bear Manual is mandatory. Groups will not be allowed past check-in until we have received a signed copy stating that you have completed the training.

Tomahawk provides a "Bear Box" in each campsite for units to store smellables. The "Bear Boxes" are old streetlight electrical boxes that stand about 6 feet tall, 3 feet wide, and about two feet deep. It is recommended that each Scout brings a small plastic tote (approx. 6"x5"x9") to store personal hygiene items and snacks. Please note that while they will keep the large critters out, the "Bear Boxes" will not always keep the small critters, such as mice and insects, out.

TICKS

The forests of Tomahawk are home to many animals including Ticks. It's important to know how to camp in areas that have ticks, as ticks are known carriers of various diseases. Make sure to review [the Tick Born Illness page](#), found on the Planning for Camp page, with your Troop/Crew.

MOSQUITOES

Wetlands and other bodies of water, which are a breeding ground for Mosquitoes, surround Tomahawk. Tomahawk does treat the areas of camp, but we would encourage units to bring mosquito netting as well as bug spray.

OTHER ANIMALS

It's important to remember to Respect Wildlife, a key point in Leave no Trace. When you see an animal in the wild, do not chase after them, feed them, or try to lure them. This is for their safety as well as your own. It's important to remember you may be up for a week, but Tomahawk is home to these animals year round.



Scan the QR code above to see the Bear Manual for Northern Star Scouting or go to:

CampTomahawk.org/Forms



Each campsite has a bear box. These metal cabinets can fit 40 shoebox-sized plastic totes. The bear boxes are bear proof, but are not mouse proof.



HEALTH & MEDICAL RECORDS

All youth and adults attending Tomahawk must have a completed Long Term BSA Health and Medical Record (Health Form) on file with the Health Director. National BSA policy requires that each participant, regardless of age, uses the same form and has it completed annually by a medical professional. The camp physical has provided early detection of potential problems and valuable information needed in case of an emergency.

We strongly recommend that all health forms be collected by the unit leader at least two weeks prior to camp to ensure that all campers have a completed form and allow time for the unit leader to make copies.

WHO NEEDS A COMPLETED PART C?

Anyone at camp for 72 hours or more will need to have Part C of the health form completed. Anyone at camp, regardless of the length of the stay, need to have completed Parts A and B.

HOW LONG ARE HEALTH FORMS GOOD FOR?

Health forms are valid through the end of the 12th month from the date it was administered by your medical provider. For example, a physical administered December 3, 2023, would be valid until December 31, 2024.

WHERE TO GET A CAMP PHYSICAL?

Check with your primary medical provider about setting up a physical for camp. Other quick clinics such as Minute Clinic and Walgreens Health Services also provide services for Camp Physicals. Be sure to bring the proper Long Term BSA Health and Medical Record for them to fill out.

Free Physical Day May 11th 9am-2pm. Every May Northern Star offers a Free Physical Day at Base Camp. A crew of volunteer doctors come out to help perform physicals for those who need them. Check the "Planning for Camp" page on the Tomahawk website for registration.

MEDICATIONS

All non-emergency medications that need to be taken by any Scout at camp must be administered by a designated adult leader. This must be a leader in the unit. Emergency medication like an inhaler or Epi-Pen should be with a camper at all times. We can store most medications that need refrigeration.

Medications must be in their original container with the camper's name, the name of the medication, dose, and frequency. Please send a supply for 8 days, not the whole bottle.

Medications must be stored in a secure area and out of reach of Scouts. If you do not have a way to secure medications in the campsite, We can provide you a lock box for purchase. Units are required to record medications using the provided medication administration record. See page 28. for form.

BRING A COPY OF HEALTH FORMS.

DO NOT SEND THE ORIGINALS TO CAMP

Wisconsin State Law requires Tomahawk to keep a copy of every participant's health form for two years. For this reason, please come prepared with a photocopy of the health for our records.

MEDICAL SERVICES

Minor first aid should be handled using your unit's first aid kit. Other injuries or illnesses can be referred to the camp staff. We have a doctor on the property every week and all summer long we have our Health Director, who is an EMT.

Although medical services are available 24 hours a day throughout the week, please limit non-emergency visits to the Health Director to the morning and evening sick call times. In an emergency medical situation, contact camp staff or call the camp line 612-261-2456. Dial 911 if needed, but always inform camp staff to assist an ambulance onto the property.

Parents or guardians will be notified of a camper illness or injury if it requires a trip to town. There is no charge for medical services performed in camp for Scouts and leaders.

All campers needing services performed in town at the hospital/clinic are required to handle payments through the unit or family insurance policy.

SICK CALL TIMES

Morning: 9:30 am to 10:30 am

Evening: 7:30 pm to 8:30 pm



TROOP ACTIVITY SIGN UP

Have your Scouts vote on the activities they want to do as a troop during the afternoons. Rank their choices on an online form found on the Planning for Camp page on the Tomahawk Website. Do this at least two weeks before your camp arrival date.

COUNSELOR IN TRAINING (CIT)

Counselor in Training is a four week program. It only cost \$75. Scouts will earn merit badges, learn what being on camp staff is like, and gain value Scout skills to help in the troop and in life. CITs must be 14 years old. We run two sessions throughout the summer. Learn more in the Program Catalog and online.

CAMP STAFF

Camp staff is the next step in your Scouts' Scouting adventure. They will continue to develop leadership, foster lifelong friendships, build resiliency, and establish independence. While saving money they will have fun all summer long. Staff must be 15 years old by start of camp to work. Fill out a application online or submit a staff interest form at camp to be invited to our Interview Day next fall. Interviews are the first Saturday of December. You do not need to be a CIT to be on staff.

CAMP CUP

Each summer, troops compete throughout their week to earn points towards the camp cup. Points are awarded for participation in camp events, top performance in camp events, and for Scout spirit.

Last year's winners of the camp cup get to carry around and show off the cup throughout the week until a new winner is crowned. Winners of the cup get their troop number displayed on a plaque mounted on the cup.

SEVERE WEATHER

Concrete severe weather shelters are located throughout Tomahawk and emergency procedures are posted on the bulletin boards in each campsite.

We encourage troops to have an eye on the weather, but the Administration Staff consistently monitor weather conditions using information from the National Weather Service and subscription based services.

In the event of a weather emergency, staff will notify units and direct them to the appropriate locations. Shelters remain unlocked so that Scouts may utilize the buildings at any time.

A severe weather drill will be done within the first 24 hours of camp.

CAMP COMMUNICATION

TEXT MESSAGE UPDATES

Join our SMS text service. Leaders will be given the opportunity to join our "REMIND" SMS service at check-in. This is a great way to get last minute updates and severe weather alerts throughout the week.

LEADER ROUNDTABLES

Everyday, the camp director hosts a meeting to go over items of the day and address your needs. This is a great time to make adjustments to your schedule or request more equipment. These will be hosted in the morning around gam.

CAMP COMMISSIONERS

Commissioners are the backbone of communication and quality service at camp. Commissioners are your liaison for the week. They work with up to three troops throughout the week. They will meet with you everyday, review your upcoming activities, and follow-up on the things you need. You will meet them upon arrival to your campsite.

ORDER OF THE ARROW CALLOUTS

Troops from other Councils can have their participants named at the call-out Ceremonies if they email the list to info@camptomahawk.org. Lodge rules prohibit Tomahawk staff from conducting elections.

A special call-out ceremony will be held on Friday night at the end of the closing campfire. Parents are welcome to attend.



EQUIPMENT

Tents, cots, and tarps come standard at no charge in White Pine

TENTS

Our Scout tents hold up two Scouts. The tents are 7'6"x9'6". They are canvas wall tents with no fabric floor. White Pine Tent platforms are 10'x12'.

COTS

Standard wooden military style cot

TARPS

These tarps fit one picnic table comfortably under them.

CAMP CHEF STOVES \$30

Only available in Sioux Camp. \$30 includes propane tank and two burner standing stove.

PROPANE \$25

Propane tanks are available for \$25

COOLERS AND ICE

Troops that will be storing food in camp should plan to bring coolers that can be kept secure in their campsite, vehicle, or bear box. Ice is available for purchase from the Trading Post for \$2 a bag.

Sioux troops utilizing camp food service will be provided one bag of ice for free per unit per day. This is to store the provided condiments; milk, butter, peanut butter, and jelly. Additional bags are available for sale for \$2.

INTERNET

The Berglund Center and Central Services both have open Wi-Fi for adults.

BUS SERVICES

Some programs take place outside your sub-camp. For these, there is a bus service that runs each morning and afternoon. The bus also runs at other select times throughout the week to support specialty programs.

Adult leaders can ride to access the Berglund Center, which has a Trading Post and Wi-Fi.

Look for the bus stop in your sub-camp. They are centrally located and have posted pick up and drop off times.

SHOWERS

There are single entry showers in each sub-camp. Anyone can use the single entry showers. Some camps have adult-only showers that are reserved for adults. Showers are available any time.

LAUNDRY

There are washers and dryers available weekdays at Central Services. These are for emergency use and not for planned laundry purposes.

ELECTRICITY

If you need to charge a battery pack or other electronic devices, there are outlets available in the program buildings. If you need power to operate a CPAP and don't have a battery pack of your own, contact camp to see if a battery pack is available to rent.

EV CHARGING

We have several 120v outlets around camp. Contact camp in advance to discuss options.

MAIL AND PACKAGES

On weekdays, we accept daily deliveries from the USPS, UPS, FedEx, and other carrier services.

Some troops encourage parents to send care packages or letters to campers. Please remind parents that it can take three days for mail to reach Tomahawk, so write early.

Follow this format when addressing letters/packages to Scouts at camp.

Scout's Name
Campsite—Troop #
N1910 Scout Road
Birchwood, WI 54817

We sell postcards and stamps at camp. A great Monday night activity is to fill out postcards to send home. Drop these in the outgoing mail or give to your camp commissioner.

LOST AND FOUND

Reach out via email with any lost and found item requests within two weeks of leaving camp. After two weeks, any items with no identifiable name or unit number will be donated to a local charity for those in need.

In the email, please include your Council, unit number, campsite, sub-camp, which week you attended, and as many details as possible about the item (size, color, brand, make, model, etc.).

Any items with an identifiable name or unit number will be kept until November 1st., during which time we will be trying to track down the owner. After November 1st, all remaining lost and found is donated. Field Uniforms (Class A's) are returned to units upon finding them at camp.



NORTHERN STAR SCOUTING

TOMAHAWK
SCOUT CAMP

INDIVIDUAL PROGRAMS AND MERIT BADGES

PREPARING FOR PROGRAM SIGN UP

Plan a troop meeting for promoting camp and all the opportunities. Print a Program Planning Worksheet for each Scout. Also print a couple copies of the Program Grid to have at the meeting and have the Program Catalog available. The Scouts will pick programs from the Program Grid and put them onto their Planning Worksheet. When complete, collect the worksheets to aid you in program sign up.

MERIT BADGE AND OLDER SCOUT PROGRAM SIGN UP

Merit Badge sign up is done through your Scouting Event registration. See page 8 for details and dates. Watch the online tutorial on the Tomahawk Website to see this process in full.

MERIT BADGE PRE-WORK

Scouts should have access to the Merit Badge Pamphlets before they arrive to camp. It is recommended that each Scout read and review their pamphlet. These are great resources and are easy to understand for Scouts 11 and up.

REPORTS

Use the reports available through your Scouting Event registration to print reports to help your Scouts. The "Class Schedule" Report will give you a one sheet per Scout showing what they are signed up for and when. It also lists any prerequisites or notes the badge or program.

Class Schedule
Attendee report showing each Scout's class or merit badge schedule on a separate page

Scout Summary
Scoutmaster report showing classes by Scout. Answers the question **Which classes are my Scouts taking?**

Period Summary
Scoutmaster report showing Scouts by period. Answers the question **Where do my Scouts need to be now?**

Class Summary
Scoutmaster report showing Scouts by class. Answers the question **Which Scouts are taking this class?**

HOW WILL YOU KNOW WHO HAS COMPLETED THEIR BADGE?

All merit badge completion information will be tracked in your reservation. Merit Badge requirements are updated on Wednesday and Friday by supper time. You will receive an Advancement Summary in your campsite mailbox at camp on Friday afternoon by 4pm. Staff are available at 4pm for makeups.

MERIT BADGE SALES

Unless instructed otherwise, camp will automatically put your merit badge order together for you based on merit badge completions from the week. You do not need to fill out a merit badge order form. Merit badges will be charged to your final bill at the same rate a Scout Shop would charge. You can pick up your merit badges at Central Services at check-out on Saturday morning.

A hard copy advancement report will be completed on your behalf for you to sign upon check out on Saturday morning. It is still recommended that you update your own online records in addition to this form.

MERIT BADGE CARDS

Scouts do not need to fill out and turn in a Blue Card. A troop advancement summary report will be printed and given to each troop on Friday after supper.

ENTERING ADVANCEMENT INTO SCOUTBOOK

Our system does not automatically update into Scoutbook.

There is a Scoutbook report you can download in your camp registration in the "Reports" tab. You can upload to this report directly into your Scoutbook account after camp.

Unit Advancement Summary
Scoutmaster report showing a summary of the Advancement requirement grid (includes merit badges, Scout rank, and any other class that includes requirements)

Scoutbook Export
This report exports merit badge data in Scoutbook format using Scoutbook's "advancement.csv" template. **Cub Scout awards are excluded because Scoutbook doesn't upload those.**

SUBMITTING MERIT BADGE HOMEWORK AFTER CAMP

Some merit badges can't be fully completed at camp. Sometimes, you might forget to hand something in to your counselor or struggle to complete everything. In either case, there is an online form for any Scout that needs to submit completed work to camp after they leave. This online form can be found on the resources page on the Tomahawk Website.

You may need to submit multiple pictures and documents.

Submissions are due by December 1st.



DIETARY RESTRICTIONS

Camp Northern Star can provide substitutes or alternative menus for participants with some dietary restrictions:

- Peanuts or Tree Nut Free
- Gluten Free
- Dairy Free
- Pork Free (Religious)
- Vegetarian (not Vegan)

We are not able to provide alternate food for other restrictions or if a participant has multiple of the restrictions above. However, we will store and serve all food that is brought for participants who have additional dietary restrictions.

Though our alternative menus won't include won't contain the ingredients of issue, the meals will be prepared in the same kitchen as all other meals.

If you have severe reactions to trace amounts of any ingredient, please contact camp to make arrangements to bring your own food.

For questions email: Tomahawk@NorthernStar.org

BRINGING YOUR OWN FOOD?

If your unit wishes to bring their own food and cook it in their campsite, they may. We will give each full-week individual a \$45 discount for this option and pro-rate those staying less than a week. If you wish to bring and cook your own food, please select the "no food service" registrant type when confirming your estimated attendance or adding people to your roster.

MEAL COUNTS

Troops will be asked at check-in to provide a meal by meal count of the number of Scouts and leaders eating with their unit. Food deliveries and troop fee charges are based on these numbers.

VISITOR MEALS

Any changes to the meal count form must be submitted to your Commissioner by lunch on the previous day to ensure an adequate supply of food and for billing purposes. Be sure to include any guests that might be joining you for a meal.

MEAL CHANGE REQUESTS

If you would like to change the amount of meals sent to your campsite or need to transfer your meals to Logging camp, discuss with your Commissioner or Camp Director.



MENU

Menus are published in April each year. Find these on the Forms page online.



Breakfast Bar available at every breakfast, there will be a Breakfast Bar. The breakfast bar will have yogurt, granola, and various cut fruits for you to enjoy.

Salad Bar available at Lunch and Dinner, It will have fresh lettuce and spinach along with toppings such as eggs, onions, carrots, tomatoes, and various cold salads such as pasta and potato salad.

Still Hungry? Breakfast cereal is available in all sub camps during breakfast. There are supplies to make peanut-butter and Jelly sandwiches any time of day, additionally, fruit is always available.



SWIM CLASSIFICATION PROCEDURES

Units may conduct their own test before camp

The swim classification of individuals participating in a Boy Scouts of America activity is a key element in Safe Swim Defense and Safety Afloat. The swim classification tests should be renewed annually, preferably at the beginning of each outdoor season. Traditionally, the swim classification test has only been conducted at a long-term summer camp. However, there is no restriction that this be the only place the test is conducted. In fact, we recommend to conduct the swim classification prior to attending summer camp.

All persons participating in BSA aquatics are classified according to their swimming ability. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances in which the individual will be in the water. The Swimmer's Test demonstrates the minimum level of swimming ability for recreational and instructional activity in a confined body of water with a maximum 12-foot depth, and with shallow water footing or a pool or pier edge always within 25 feet of the swimmer.

CONDUCTING YOUR OWN SWIM TESTS

(at the unit level with council approved aquatics resources)

The swim classification test done at a unit level should be conducted by a person with one of the following council-approved certifications: Aquatics Instructor, BSA; Aquatics Supervisor, BSA Lifeguard, certified lifeguard, swimming instructor; or swim coach. When the unit goes to a summer camp, each individual will be issued a buddy tag under the direction of the Camp Aquatics Director for use at the camp. Northern Star Scouting requires that swim classification tests be conducted within three months prior to the unit's arrival at camp. The signed form must be presented upon arrival in camp.

AT CAMP OPTION

The swim classification test is completed on Sunday afternoon immediately after checking into your campsite. Please pack your swim gear on the top of your pack or tote to make it easier to access upon arrival.

Special Note:

When swim tests are conducted away from or at camp, the Aquatics Director shall at all times reserve the authority to review or retest individuals or entire units to ensure that standards have been maintained.



SWIMMER'S TEST:

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: side stroke, breast stroke, trudgen, or crawl. Then swim 25 yards using an easy resting back stroke. The 100 yards must be swam continuously and include at least one sharp turn. After completing the swim, rest by floating for about one minute.

BEGINNERS TEST:

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.



NORTHERN STAR SCOUTING
TOMAHAWK
SCOUT CAMP

FAMILY ISLAND

FUN FOR THE WHOLE FAMILY!

Family Island is your fun-filled, affordable vacation destination for Scouting Families. We offer programs and facilities for families so that you can see what your Scouts are enjoying here at Tomahawk Scout Camp. We offer cabins for rent, camper trailer sites, and wonderful tent camping.

We encourage all Scout families to come and enjoy a week at Tomahawk while your troop is in camp, or when the entire family can enjoy a vacation.

Cabins have a kitchenette and bathroom, as well as two bunk beds (one full sized-bed and three single beds). Cabins do not include bedding, dish towels, turn-down service, or food service.

ACTIVITIES WITH FAMILY ISLAND:

- Aquatics
- Horseback Riding
- Climbing Tower
- Crafts
- Archery
- BB gun shooting

TO REGISTER:

For more specific information or to register, please go online to www.camptomahawk.org > Programs > Family Island and follow the prompts to register. Registration is open to families who have members registered with Scouting.

FEES (PER WEEK):

- Cabin: \$450
- Camper (RV) Site: \$160
- Tent Site: \$130





Name: _____ Age as of 8/31/24: _____ Grade Next Year: _____

Review the Program Catalog to see when Merit Badges and High Adventures are offered. Age requirements, costs, and special notes are also listed on these pages.

Write the programs you want to do in the grid below. Most programs take place over multiple days. Make sure you account for each day the program is taking place. There are two examples below that show how this grid could be filled out. The example on the left shows what a first year Scout's schedule might look like. The example on the right shows what a Scout 14 years of age or older might choose.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Session 1	Brownsea	Brownsea	Brownsea	Brownsea	Brownsea
Morning Session 2	Swimming MB	Leatherwork MB	Swimming MB	Leatherwork MB	Swimming MB
Afternoon Session 1-3	Troop Activities	Troop Activities	Troop Activities	Troop Activities	Troop Activities

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Session 1	ATV Tier 1 Bundle	Chess MB	ATV Tier 1 Bundle	Chess MB	ATV Tier 1 Bundle
Morning Session 2	↓	Kayaking MB	↓	Kayaking MB	↓
Afternoon Session 1-3	Small Boat Sailing MB	→			Onsite Biking

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Session 1 8:45 - 10:25					
Morning Session 2 10:35 - 12:15					
Afternoon Session 1-3 2:00 - 5:00					

LIST SECONDARY OPTIONS

If the activities you choose fill up or are unavailable, please list some alternative options that you are also interested in.

RANK YOUR TROOP ACTIVITIES

Most Scouts spend their afternoons at camp doing activities with their troop around camp.

Review the available troop activities on pages 4-6 of the Program Catalog. There are more activities offered for troop activities than you will have time for at camp—that's why it is important to come back to camp year after year to experience all the fun Tomahawk has to offer.

Rank your top 10 choices to the right (1 is the top choice).

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



PRE-ORDER T-SHIRTS

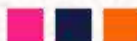
Your troop can order a customized Tomahawk shirt. Wear Tomahawk shirts around camp, showing off your troop number and hometown on the sleeve.

- Orders are placed before camp and shipped to you.
- Pay online. \$19.50 for Cotton, \$23.50 for Wicking
- Choose your color, cut, size, and shirt material

Go to the Planning for Camp page on the Tomahawk Website to find a link to the store or scan the QR code on this page.

Ordering Deadlines

- Order by May 12th to get your shirts by June 13th.
- Order by June 9th to get your shirts by July 11th



TRADING POST AT CAMP

Tomahawk has five camp trading posts on the property. There is a trading post conveniently available in each camp as well as at the Berglund Center.

We take cash, check, or credit card (Visa, MasterCard, Discover). You can also charge purchases to your troop.

Scouts will spend \$50-\$100 in the trading post. Here are some example prices to share with parents:

- | | |
|-----------------|-----------|
| • Hats | \$20-\$25 |
| • T-Shirt | \$10-\$20 |
| • Sweatshirt | \$40-\$55 |
| • Belts | \$15-55 |
| • Nalgene | \$17 |
| • Brandable Mug | \$13 |
| • Tie Dye Shirt | \$10-12 |
| • Pocket Knives | \$10-\$20 |

SNACK PACK

Order a Snack Pack and get collectable slushy mug, slushy refills, candy, and ice cream treats. These can be requested and paid for in your Scouting Event Registration in each Scout's roster entry.

SEGMENTS

Segments can be bought at any Trading Post at anytime throughout the week.

TOMAHAWK PATCHES

Annual Tomahawk 3-inch round patches are free to all youth, and \$2.50 for adults. These will be available at checkout on Saturday morning at Central Services.



Scouts are encouraged to collect patch segments each year to place on the outside of their annual 3 in round Tomahawk patch. Patches are earned throughout the week and can be tracked at the troop level. Buy these at your camp Trading Post any time throughout the week.

Emblem	Segment	Description
	4th of July	Be there for the 4th of July Parade
	Birthday	Have your birthday at camp!
	Bison	Visit the Bison Ranch
	Black Powder	Shoot Black Power rifles at Logging Camp
	Bus	Ride the bus
	Camp Cup	Win the Camp Cup!
	Canoeing	Go canoeing.
	Clasped Hands	Complete a service or conservation project recommended by the ecology staff
	Clean	Demonstrate that a scout is clean by taking a shower throughout the week
	Climber	Climb natural rock through the Climbing Bundle High Adventure Program
	Closing Campfire	Participate in a skit at Closing Campfire
	Compass	Hike trails of Tomahawk using a map and compass.
	Disc Golf	Play our exciting disc golf course near the Berglund Center
	Driving Range	Try your hand at the driving range during evening program.
	Fire Tower	Climb the Phillippo Fire Tower
	Fish	Go fishing; catch and clean at least one fish
	Footprint	Hike at least 5 miles of Tomahawk's extensive trail system
	Geo-cache	Find three of the Tomahawk geo-caches using a GPS device

Emblem	Segment	Description
	History	Go on the Berglund Center History Tour
	Horse Corral	Go on a trail ride
	Leave No Trace	Attend a Leave No Trace awareness workshop, visit Ecology for details.
	Logging Camp	Visit the Knapp-Stout Logging Camp program
	Mega Tower	Climb to the top of the 60' Mega-Tower
	Mountain Biking	Ride the Tomahawk Mountain Biking Trail
	Order of the Arrow	Be an OA Member and participate in an approved OA service Project
	Polar Bear Swim	Attend and participate in the Polar Bear Swim.
	Race Flags	Participate in Water polo, Volleyball, Chess, other camp competition.
	Reverent	Lead a prayer session, grace, and do a chaplain approved service project.
	Root Beer 5k	Participate in the Root Beer 5K
	Sailing	Go sailing
	Star Party	Participate in Star Party and learn about at least three constellations
	Storm Shelter	Visit the Storm Shelter during severe weather
	Target	Shoot at the Rifle or Shotgun and Archery Ranges
	Tepee	Become a Tomahawk Troop.
	Tree	Do an approved conservation project and complete an Ecology Merit Badge
	Years	Keep track of how many years you've been at Tomahawk



The Tomahawk Troop Award is designed as a tool to assist Scouts and adult troop leaders in building the quality and character of their troop and its individual members. The staff will be happy assist troop leaders in using this tool, but the Tomahawk Troop Award remains most valuable to the troop that uses it as a guide for their own troop operation.

What are the Benefits?

Troops qualifying as a Tomahawk Troop are eligible to wear the Tomahawk Troop segment (Teepee) and will be able to display their troop neckerchief in the Dining Hall or Program Building.

What are the Requirements?

1. Demonstrate use of the patrol method
2. Do a conservation or camp project.
3. Conduct a campsite inspection and receive a score of 45 or above. (See your commissioner for help)
4. Conduct daily flag raisings and lowering your campsite
5. Practice Leave No Trace principles
6. Display reverence by saying grace at every meal and conduct or attend a religious service or vespers.
7. Conduct one or more Patrol Leaders Council Meetings per week.
8. Each Scout works on Brownsea, a merit badge, or coaches another Scout.
9. Patrol Campsites are visually identified (Flags or Signs)
10. The Scouts are generally in Camp uniform.
11. Conduct a special group program. (hike, canoe trip, etc.)
12. Conduct a Troop Campfire
13. Participate in Camp-Wide Programs
14. 85% of Scouts in the Troop are in attendance at Tomahawk or another long term camp.

Campsite Inspection

The Camping Inspection can be conducted any time by the camp staff.

Scoring: 3 for exceptional, 2 for average, 1 for below average, 0 for non-performance.

- Troop and patrol identified with signs and flags
- American, Unit, and patrol flags displayed properly
- Campsite well laid out (traffic patterns, safety patrol method)
- Tent and tarps properly pitched with correct knots.
- Campsite is clean.
- Latrine is cleaned daily.
- All equipment properly stored and cleaned.
- Use of Unit bulletin board (schedule and Fireguard Plan)
- Clothesline used for airing and drying
- Living space in tents neat. Equipment and clothes properly stored
- Unit first aid kit available. Scouts have knowledge of location.
- Fireguard plan followed
- Safe troop Site
- Axe Yard large enough and marked off
- Wood fuel cut and properly stored
- Proper storage of fuels other than wood
- Safe cooking area (or good manners in Dining Hall)
- Proper food storage
- Proper garbage and waste disposal
- Respect for camp facility (no trenching, tree marking, etc.)
- All vehicles are parked in proper area at all times (not in campsite or along road)

Final Score

WEEK LONG FOOD COUNT SHEET

*Turn in at check in

Week: _____ Campsite: _____ Unit # _____ Camp: _____

	SUN			MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SAT
	D	B	L	D	B	L	D	B	L	D	B	L	D	B	L	D	B	L	B
Youth																			
Adult																			
Total																			

Fees Breakdown

of Youth _____ (5-7 Days)
_____ (4 Days)
_____ (3 Days)
_____ (2 Days)
_____ (1 Days)

of Adults _____ (5-7 Days)
_____ (4 Days)
_____ (3 Days)
_____ (2 Days)
_____ (1 Days)

Total _____ Youth _____

Total _____ Adults _____

_____ Guest Meals
@ \$5 a person)

Allergies/Additional Notes: _____

*Please note and describe the type and quantity of any food allergies that our kitchen should be aware of. Please make sure these meal counts are reflected in the chart above.

Unit Leader Name: _____ Signature: _____

I confirm that the above numbers are correct and understand that our unit's camp youth and adult fees are based on these numbers.



NORTHERN STAR SCOUTING
TOMAHAWK
SCOUT CAMP

SWIM CLASSIFICATION REC-

Complete this form to track each individual's current swim classification. Any change in status after this date i.e., non-swimmer to beginner or beginner to swimmer, would require a reclassification test by the Camp Aquatics Director.

Unit Number: _____

Date of Swim Test: _____

	Full Name (Please print)	Swim Classification		
		Learner	Beginner	Swimmer
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				
22.				
23.				
24.				
25.				

Person Conducting Test: _____ Phone #: _____

Qualifications: _____ Signature: _____

Unit Leader: _____ Signature: _____



ADMINISTRATIVE

- ☐ Lockable box for medication
- ☐ First aid kit
- ☐ Pushpins for bulletin board
- ☐ Pens & pencils
- ☐ Extra paper for scouts
- ☐ Merit Badge book library
- ☐ Troop Checkbook

FORMS

- ☐ Copies of BSA Health Forms
- ☐ Medication Worksheets
- ☐ Meal count form
- ☐ ATV Hold Harmless Forms
- ☐ ATV E-Course Certificates
- ☐ Logging Camp Shooting Sports Hold Harmless Forms
- ☐ Swim Test Form

GEAR

- ☐ Ball of twine/rope
- ☐ U.S. flag
- ☐ Unit flag
- ☐ Axes & saws
- ☐ Sharpening tools
- ☐ Battery-operated clock
- ☐ Spare water bottles
- ☐ Patrol flags
- ☐ Extra Paper towels
- ☐ Props for campfire skits
- ☐ Lanterns with mantels
- ☐ Matches

COOKING EQUIPMENT

For Troops staying in Chippewa and White Pine, you might decide you don't need all the items below since you will receive meals in the Dining Hall or Dining Shelter. If camping in Sioux Camp, you will need to bring the items below.

- ☐ 12 quart dish tubs (3)
- ☐ Soap & Sanitizer
- ☐ Sponge/Brush
- ☐ Scouring pads
- ☐ Mesh colander or window screen to strain food bits from sump water
- ☐ Medium & Large Frying Pan
- ☐ Medium & Large Pot with Lids
- ☐ Pitcher
- ☐ Pliers or handles
- ☐ Pot holders/oven mitt
- ☐ Cutting Boards (2)
- ☐ Griddle
- ☐ Coffee Pot with Lid
- ☐ Camp stove (two burner s
- ☐ Coolers/Ice chests
- ☐ Water containers
- ☐ Aluminum foil
- ☐ Cooking utensils
 - ☐ Can opener
 - ☐ Large Knife
 - ☐ Small knife
 - ☐ Whisk
 - ☐ Spatula
 - ☐ Spoon
 - ☐ Ladle
 - ☐ Metal tongs
 - ☐ Potato peeler

CAMP PROVIDED EQUIPMENT

- Canvas Wall Tents
- Canvas Cots
- Canvas Dining Fly
- Picnic Tables
- Handwashing station, which includes a spigot for refilling water bottles
- Flag Pole
- Bulletin Board
- Latrine
- Fire ring and grates
- Bear Box for smell-ables (not mouse-proof)
- Fire Barrel (to fill with water)
- Sanitizer to clean latrines and surfaces
- Toilet paper
- 2 Burner Camp Stove \$40 (Includes Propane)

Provided to Sioux Troops Only

- ☐ Plastic Garbage Bags
- ☐ Staple crate with basic condiments (ketchup, mustard, salt, pepper, peanut butter, jelly, salad dressing, syrup) (Sioux Camp Only)
- ☐ Coffee grounds
- ☐ Bread
- ☐ Cereal
- ☐ Vegetable Oil
- ☐ Matches
- ☐ Sanitizer tablets



CLOTHES

- ☐ Underwear (6)
- ☐ Pair of socks (6)
- ☐ Pants (2)
- ☐ Shorts (2)
- ☐ T-Shirts (5)
- ☐ Sweatshirt, fleece or sweater (2)
- ☐ Swim suit
- ☐ Towels (2)
- ☐ Scout uniform (bring a hanger to keep it accessible and free of wrinkles)
- ☐ Light jacket
- ☐ Hat
- ☐ Pajamas
- ☐ Extra shoes
- ☐ Hiking boots
- ☐ Bag for dirty laundry
- ☐ Sunglasses
- ☐ Rain gear/Poncho

TOILETRIES

We recommend packing these into a shoe-box sized plastic tote for easy storage. The tote helps keep these items dry and away from mice.

- ☐ Small Storage Tote
- ☐ Hand sanitizer
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shampoo & soap
- ☐ Feminine Hygiene Products
- ☐ Wash cloth
- ☐ Comb/brush
- ☐ Hand mirror
- ☐ Deodorant
- ☐ Sun screen
- ☐ Bug repellent
- ☐ Prescription medication (in original container)

TENTING/SLEEPING

- ☐ Sleeping bag
- ☐ Pillow
- ☐ Mosquito netting
- ☐ Bed sheet (optional)
- ☐ Foam pad (optional)
- ☐ Tent (optional)

GEAR

- ☐ Mess kit (utensils, bowl, cup, plate, and mesh bag)
- ☐ Scout Handbook
- ☐ Flashlight & extra batteries
- ☐ Pencil & notebook
- ☐ Watch
- ☐ Totin' Chit
- ☐ Scout knife
- ☐ Water bottles (2)
- ☐ Wallet/Spending Money
- ☐ Backpack
- ☐ Camp chair

GEAR (OPTIONAL)

- ☐ Bike & Helmet
- ☐ Fishing gear
- ☐ Postage stamps for sending mail
- ☐ Camera
- ☐ Playing cards
- ☐ Life Jacket
- ☐ Hammock with straps

SUGGESTED SCOUTMASTER OR LEADER ITEMS:

- ☐ Alarm clock
- ☐ Scout Master handbook
- ☐ Scout handbook
- ☐ Cell phone
- ☐ Weather radio
- ☐ Scout parent contact information
- ☐ Clipboard
- ☐ Coffee & Coffeepot

LEAVE THESE ITEMS AT HOME

The following will not be allowed at Tomahawk:

- Electronic Games
- Fireworks of any kind
- Pets
- Personal firearms (e.g. rifles, hand guns, bows, sling shots, ammo)
- Alcohol or Illegal Drugs
- ATVs or Jet Skis

OTHER ITEMS

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



Complete the fields below for each medication a Scout is taking at camp. If medication is being administered by a parent or guardian they do not need to be tracked on this record. Turn this record in at Central Services at check out. Medications should be locked unless used for emergency purposes (inhalers, EpiPens, etc.). Medications should be stored in original bottles and include all prescription information.

Designated Adult: _____ **Unit Number:** _____ **Year:** _____

The designated adult needs to initial for each day and time that medication has been administered.

Medication Details	Time	Date						
Name: _____ Medication: _____ Frequency: _____ Dosage: _____								
Name: _____ Medication: _____ Frequency: _____ Dosage: _____								
Name: _____ Medication: _____ Frequency: _____ Dosage: _____								
Name: _____ Medication: _____ Frequency: _____ Dosage: _____								
Name: _____ Medication: _____ Frequency: _____ Dosage: _____								



Complete the fields below for each medication a Scout is taking at camp. If medication is being administered by a parent or guardian they do not need to be tracked on this record. Turn this record in at Central Services at check out. Medications should be locked unless used for emergency purposes (inhalers, EpiPens).

Designated Adult: Jane Scoutmaster **Unit Number:** 9999 **Year:** 2023

The designated adult needs to initial for each day and time that medication has been administered.

Medication Details	Time	Date						
		7/10	7/11	7/12	7/13	7/14	7/15	7/16
Name: <i>Jennifer Scout</i>	8AM		JS	JS	JS	JS	JS	JS
Medication: <i>Adderall</i>								
Frequency: <i>Take twice, daily</i>								
Dosage: <i>10mg</i>	Bed	JS	JS	JS	JS	JS	JS	
Name: <i>Jennifer Scout</i>	8AM		JS	JS	JS	JS	JS	JS
Medication: <i>Mometasone</i>								
Frequency: <i>Once a day</i>								
Dosage: <i>1 spray per nostril</i>								
Name: <i>Bobby Scout</i>	8AM		JS	JS	JS	JS	JS	JS
Medication: <i>Oxybutynin</i>								
Frequency: <i>Take twice, daily</i>	6PM	JS	JS	JS	JS	JS	JS	
Dosage: <i>20mg</i>								
Name: <i>Timmy Scout</i>	8AM		JS	JS	JS	JS	JS	JS
Medication: <i>Lisdexamfetamine</i>								
Frequency: <i>Take twice, daily</i>								
Dosage: <i>20mg</i>	9PM	JS	JS	JS	JS	JS	JS	
Name: _____								
-								
Medication: _____								
Frequency: _____								
Dosage: _____								

All-Terrain Vehicle (ATV) Program

Participation and Hold-Harmless Agreement

Tomahawk Scout Reservation from the Northern Star Council will be conducting an ATV program at camp. Scouts will be instructed how to ride on and drive an ATV. Scouts will be taught ATV safety and will drive on a training course, then on approved trails only. Scouts will be on the unit individually and in control of the power and brakes. Scouts will be required to wear a helmet, goggles, gloves, over-the-ankle boots, long-sleeve shirts, and long pants. Scouts are expected to abide by all safety rules and the instructions of the camp instructor(s).

I, the undersigned, give my child, _____, from Unit _____ (troop, crew, post) permission to participate in this program. I understand that participation in the activity involves a certain degree of risk. I have carefully considered the risk involved and have given consent for my child to participate in the activity. I understand that participation in the activity is entirely voluntary and requires participants to abide by the rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

For safety, my child and I agree that he/she will do the following or he/she will be removed from the program. Because space is limited, any additional cost associated with participation in this program will not be refunded.

1. Complete the ATV safety class taught at Tomahawk Scout Reservation
2. Wear all required safety gear at all times on or around the equipment.
3. Follow all safety rules provided in the training class.
4. Follow the instructions of the camp staff instructor(s).
5. Maintain control of the ATV at all times and remain within the speed determined to be safe by the camp instructor(s).
6. Be in full compliance with all local, state, and federal guidelines, including age restrictions and original equipment manufacturer standards.
7. Respond to the camp satisfaction survey from the Boy Scouts of America as it evaluates the ATV program.

Participants need to bring the following in order to ride:

- ☐ Long sleeve shirt
- ☐ Long Pants
- ☐ Ankle-high boots

Tomahawk will provide all other safety equipment needed to ride.

All Riders must be age 14 on the day of riding to participate.

Participant's signature: _____ Date: _____

Parent/guardian signature: _____ Date: _____

Parent/guardian printed name: _____ Date: _____

Home phone: _____ Cell phone: _____

Email address (for survey purposes only): _____



BOY SCOUTS OF AMERICA®

DOUBLE BARREL SHOTGUN/LEVER ACTION RIFLE SHOOTING PROGRAM PARTICIPATION AND HOLD HARMLESS AGREEMENT

Tomahawk Scout Camp (Northern Star Scouting), will be conducting a double barrel shotgun and lever action rifle shooting program. In this program, Scouts will shoot a .22 caliber repeating rifle and a double barrel 20-gauge shotgun under the supervision of an NRA Range Safety Officer and NRA certified instructor(s). Scouts will be required to wear eye protection and hearing protection at all times while on the range. Scouts are expected to abide by all safety rules and the instructions of the Range Safety Officer(s) and rifle and shotgun instructor(s).

I, the undersigned, give my child, _____, permission to participate in this program. I understand that participation in the activity involves a certain degree of risk. I have carefully considered the risk involved and have given consent for my child to participate in the activity. I understand that participation in the activity is entirely voluntary and requires participants to abide by the rules and standards of conduct. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation.

For safety, my child and I agree that he/she will do the following or he/ she will be removed from the program. I understand that any additional cost associated with participation in this program will not be refunded if my child is removed for not following the rules below. 1. Complete a range safety briefing. 2. Wear all safety gear at all times while on the range. 3. Follow all the safety rules provided in the briefing. 4. Follow the instructions of the Range Safety Officer(s) and rifle and shotgun instructor(s). 5. Do not handle the firearms until instructed to do so by the instructor(s). 6. **Is 14 years of age, or 13 and has completed the eighth grade, as of the start of the class** and will be in full compliance with all local, state, and federal guidelines, including age restrictions and original equipment manufacturer standards.

Participant signature _____ Date: _____

Parent/guardian signature _____ Date: _____

Parent/guardian printed name _____ Date: _____

Home phone _____ Cell phone _____

Email address _____

Part A: Informed Consent, Release Agreement, and Authorization

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.

Every person who furnishes any BB device to any minor, without the express or implied permission of the parent or legal guardian of the minor, is guilty of a misdemeanor. (California Penal Code Section 19915[a]) My signature below on this form indicates my permission.

I give permission for my child to use a BB device. (Note: Not all events will include BB devices.)

☐ **Checking this box indicates you DO NOT want your child to use a BB device.**



NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.

List participant restrictions, if any: _____

☐ None

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont Scout Ranch, Philmont Training Center, Northern Tier, Sea Base, or the Summit Bechtel Reserve, **I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met.** The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: _____ Date: _____

Parent/guardian signature for youth: _____ Date: _____

(If participant is under the age of 18)

Complete this section for youth participants only:

Adults Authorized to Take Youth to and From Events:

You must designate at least one adult. Please include a phone number.

Name: _____

Name: _____

Phone: _____

Phone: _____

Adults **NOT** Authorized to Take Youth to and From Events:

Name: _____

Name: _____

Phone: _____

Phone: _____



Prepared. For Life.®

Part B1: General Information/Health History

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Age: _____ Gender: _____ Height (inches): _____ Weight (lbs.): _____

Address: _____

City: _____ State: _____ ZIP code: _____ Phone: _____

Unit leader: _____ Unit leader's mobile #: _____

Council Name/No.: _____ Unit No.: _____

Health/Accident Insurance Company: _____ Policy No.: _____



Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.

In case of emergency, notify the person below:

Name: _____ Relationship: _____

Address: _____ Home phone: _____ Other phone: _____

Alternate contact name: _____ Alternate's phone: _____

Health History

Do you currently have or have you ever been treated for any of the following?

Yes	No	Condition	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	Last HbA1c percentage and date: _____ Insulin pump: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension (high blood pressure)	
<input type="checkbox"/>	<input type="checkbox"/>	Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers.	
<input type="checkbox"/>	<input type="checkbox"/>	Family history of heart disease or any sudden heart-related death of a family member before age 50.	
<input type="checkbox"/>	<input type="checkbox"/>	Stroke/TIA	
<input type="checkbox"/>	<input type="checkbox"/>	Asthma/reactive airway disease	Last attack date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Lung/respiratory disease	
<input type="checkbox"/>	<input type="checkbox"/>	COPD	
<input type="checkbox"/>	<input type="checkbox"/>	Ear/eyes/nose/sinus problems	
<input type="checkbox"/>	<input type="checkbox"/>	Muscular/skeletal condition/muscle or bone issues	
<input type="checkbox"/>	<input type="checkbox"/>	Head injury/concussion/TBI	
<input type="checkbox"/>	<input type="checkbox"/>	Altitude sickness	
<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric/psychological or emotional difficulties	
<input type="checkbox"/>	<input type="checkbox"/>	Neurological/behavioral disorders	
<input type="checkbox"/>	<input type="checkbox"/>	Blood disorders/sickle cell disease	
<input type="checkbox"/>	<input type="checkbox"/>	Fainting spells and dizziness	
<input type="checkbox"/>	<input type="checkbox"/>	Kidney disease	
<input type="checkbox"/>	<input type="checkbox"/>	Seizures or epilepsy	Last seizure date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Abdominal/stomach/digestive problems	
<input type="checkbox"/>	<input type="checkbox"/>	Thyroid disease	
<input type="checkbox"/>	<input type="checkbox"/>	Skin issues	
<input type="checkbox"/>	<input type="checkbox"/>	Obstructive sleep apnea/sleep disorders	CPAP: Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	List all surgeries and hospitalizations	Last surgery date: _____
<input type="checkbox"/>	<input type="checkbox"/>	List any other medical conditions not covered above	



Part B2: General Information/Health History

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____

Allergies/Medications

DO YOU USE AN EPINEPHRINE
AUTOINJECTOR? Exp. date (if yes) _____ ☐ YES ☐ NO

DO YOU USE AN ASTHMA RESCUE
INHALER? Exp. date (if yes) _____ ☐ YES ☐ NO

Are you allergic to or do you have any adverse reaction to any of the following?

Yes	No	Allergies or Reactions	Explain	Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication		<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Food		<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

List all medications currently used, including any over-the-counter medications.

☐ Check here if no medications are routinely taken. ☐ If additional space is needed, please list on a separate sheet and attach.

Medication	Dose	Frequency	Reason

☐ YES ☐ NO Non-prescription medication administration is authorized with these exceptions: _____

Administration of the above medications is approved for youth by:

_____/_____
Parent/guardian signature MD/DO, NP, or PA signature (if your state requires signature)



Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.

Immunization

The following immunizations are recommended. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

Yes	No	Had Disease	Immunization	Date(s)
<input type="checkbox"/>	<input type="checkbox"/>		Tetanus	
<input type="checkbox"/>	<input type="checkbox"/>		Pertussis	
<input type="checkbox"/>	<input type="checkbox"/>		Diphtheria	
<input type="checkbox"/>	<input type="checkbox"/>		Measles/mumps/rubella	
<input type="checkbox"/>	<input type="checkbox"/>		Polio	
<input type="checkbox"/>	<input type="checkbox"/>		Chicken Pox	
<input type="checkbox"/>	<input type="checkbox"/>		Hepatitis A	
<input type="checkbox"/>	<input type="checkbox"/>		Hepatitis B	
<input type="checkbox"/>	<input type="checkbox"/>		Meningitis	
<input type="checkbox"/>	<input type="checkbox"/>		Influenza	
<input type="checkbox"/>	<input type="checkbox"/>		Other (i.e., Hib)	
<input type="checkbox"/>	<input type="checkbox"/>		Exemption to immunizations (form required)	

Please list any additional information about your medical history:

DO NOT WRITE IN THIS BOX.

Review for camp or special activity.

Reviewed by: _____

Date: _____

Further approval required: ☐ Yes ☐ No

Reason: _____

Approved by: _____

Date: _____



Part C: Pre-Participation Physical

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Full name: _____

Date of birth: _____

High-adventure base participants:

Expedition/crew No.: _____

or staff position: _____



You are being asked to certify that this individual has no contraindication for participation in a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient. You can also visit www.scouting.org/health-and-safety/ahmr to view this information online.

Please fill in the following information:

	Yes	No	Explain
Medical restrictions to participate	<input type="checkbox"/>	<input type="checkbox"/>	

Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Medication	
<input type="checkbox"/>	<input type="checkbox"/>	Food	

Yes	No	Allergies or Reactions	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Plants	
<input type="checkbox"/>	<input type="checkbox"/>	Insect bites/stings	

Height (inches)	Weight (lbs.)	BMI	Blood Pressure	Pulse
			/	

	Normal	Abnormal	Explain Abnormalities
Eyes	<input type="checkbox"/>	<input type="checkbox"/>	
Ears/nose/throat	<input type="checkbox"/>	<input type="checkbox"/>	
Lungs	<input type="checkbox"/>	<input type="checkbox"/>	
Heart	<input type="checkbox"/>	<input type="checkbox"/>	
Abdomen	<input type="checkbox"/>	<input type="checkbox"/>	
Genitalia/hernia	<input type="checkbox"/>	<input type="checkbox"/>	
Musculoskeletal	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Skin issues	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

True	False	Explain
<input type="checkbox"/>	<input type="checkbox"/>	Meets height/weight requirements.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled heart disease, lung disease, or hypertension.
<input type="checkbox"/>	<input type="checkbox"/>	Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician.
<input type="checkbox"/>	<input type="checkbox"/>	Has no uncontrolled psychiatric disorders.
<input type="checkbox"/>	<input type="checkbox"/>	Has had no seizures in the last year.
<input type="checkbox"/>	<input type="checkbox"/>	Does not have poorly controlled diabetes.
<input type="checkbox"/>	<input type="checkbox"/>	If planning to scuba dive, does not have diabetes, asthma, or seizures.

Examiner's signature: _____ Date: _____

Examiner's printed name: _____

Address: _____

City: _____ State: _____ ZIP code: _____

Office phone: _____

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight	Height (inches)	Max. Weight
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295



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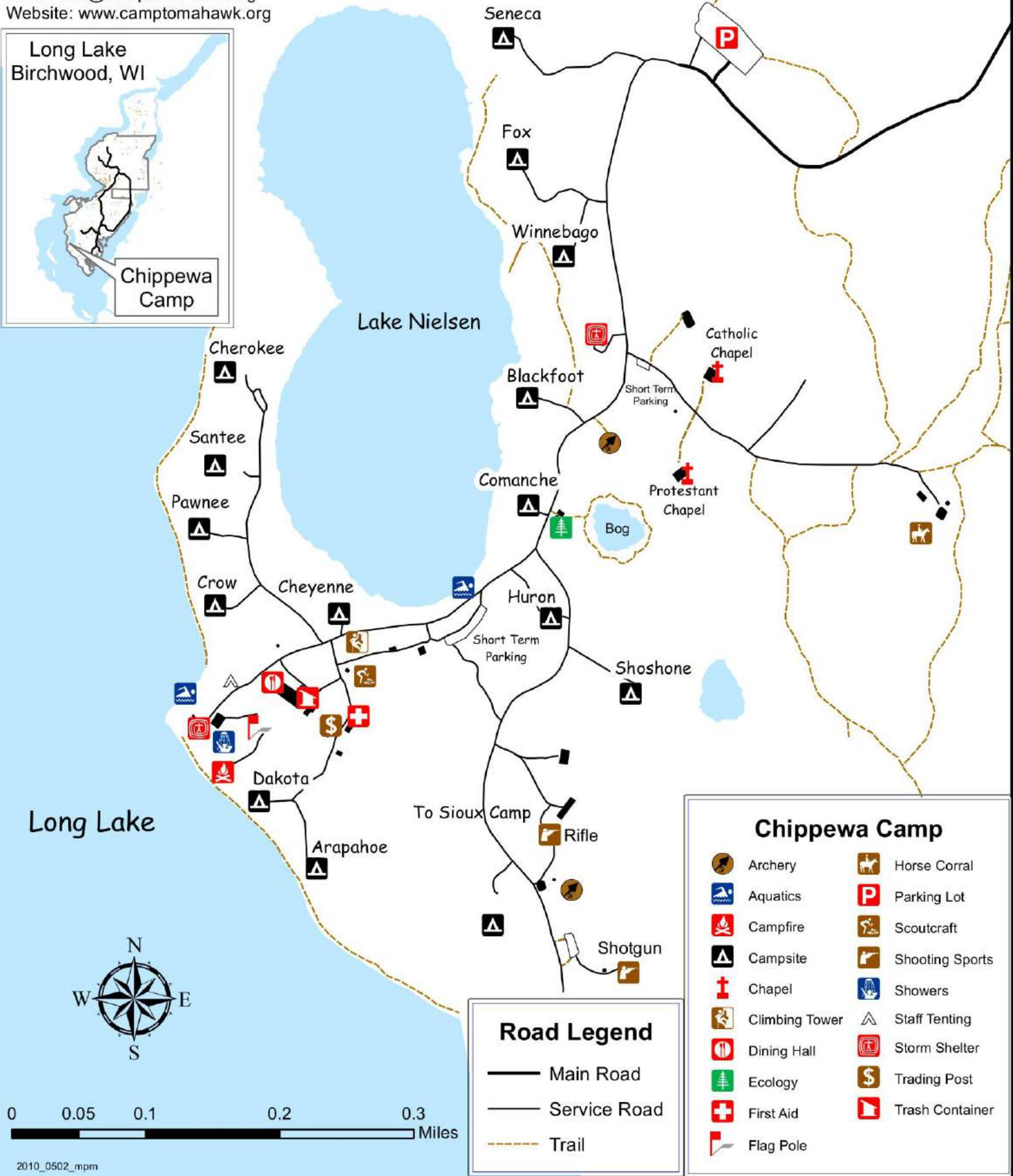
Tomahawk Scout Camp

N1910 Scout Road. Birchwood, WI 54817
Phone: (612) 261-2455

Northern Star Scouting
Email: info@camptomahawk.org
Website: www.camptomahawk.org



Chippewa Camp



Tomahawk Scout Camp

N1910 Scout Road, Birchwood, WI 54817

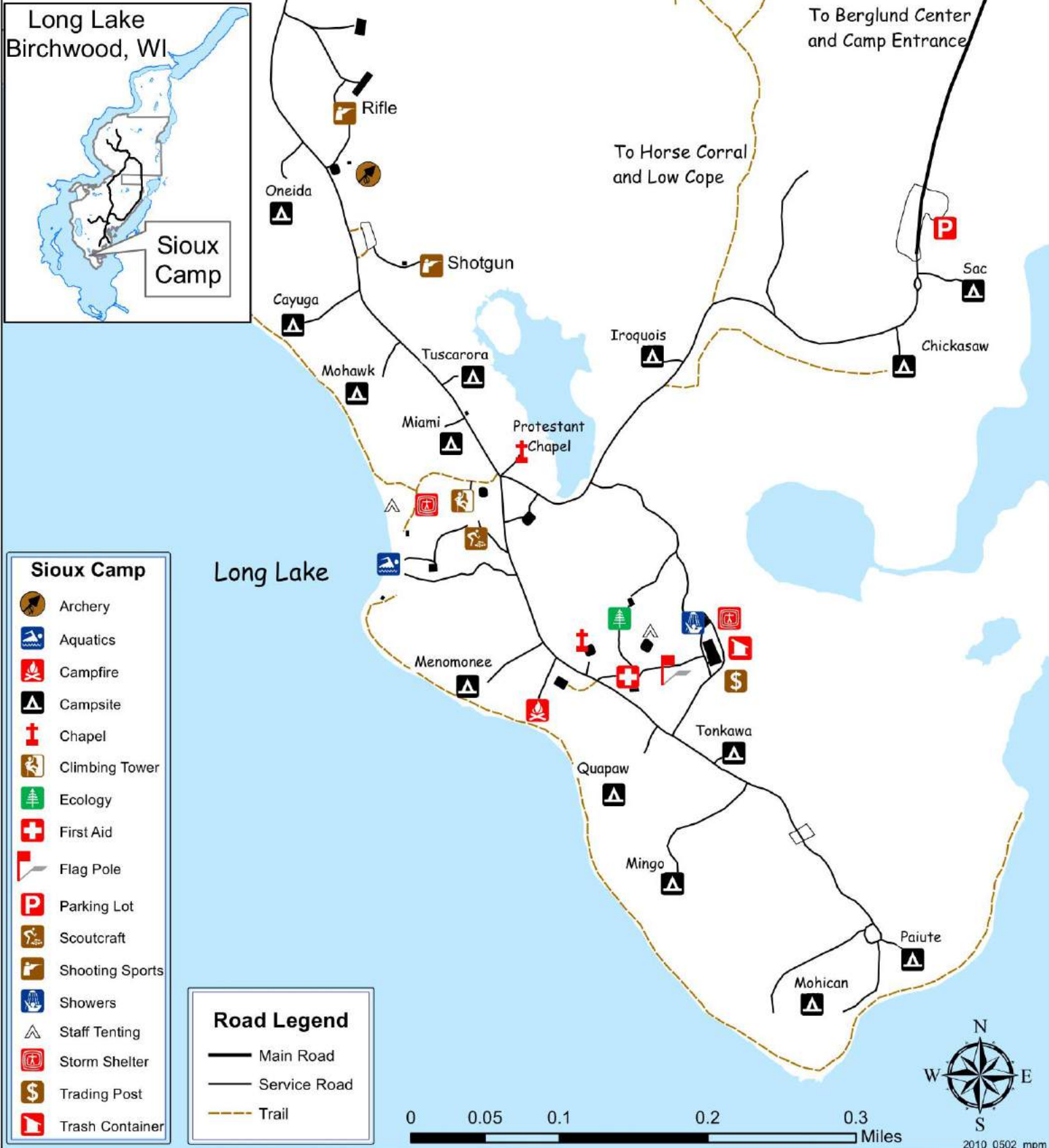
Phone: (612) 261-2455

Northern Star Scouting

Email: info@camptomahawk.org

Website: www.camptomahawk.org

Sioux Camp



Tomahawk Scout Camp

N1910 Scout Road, Birchwood, WI 54817
Phone: (612)261-2455

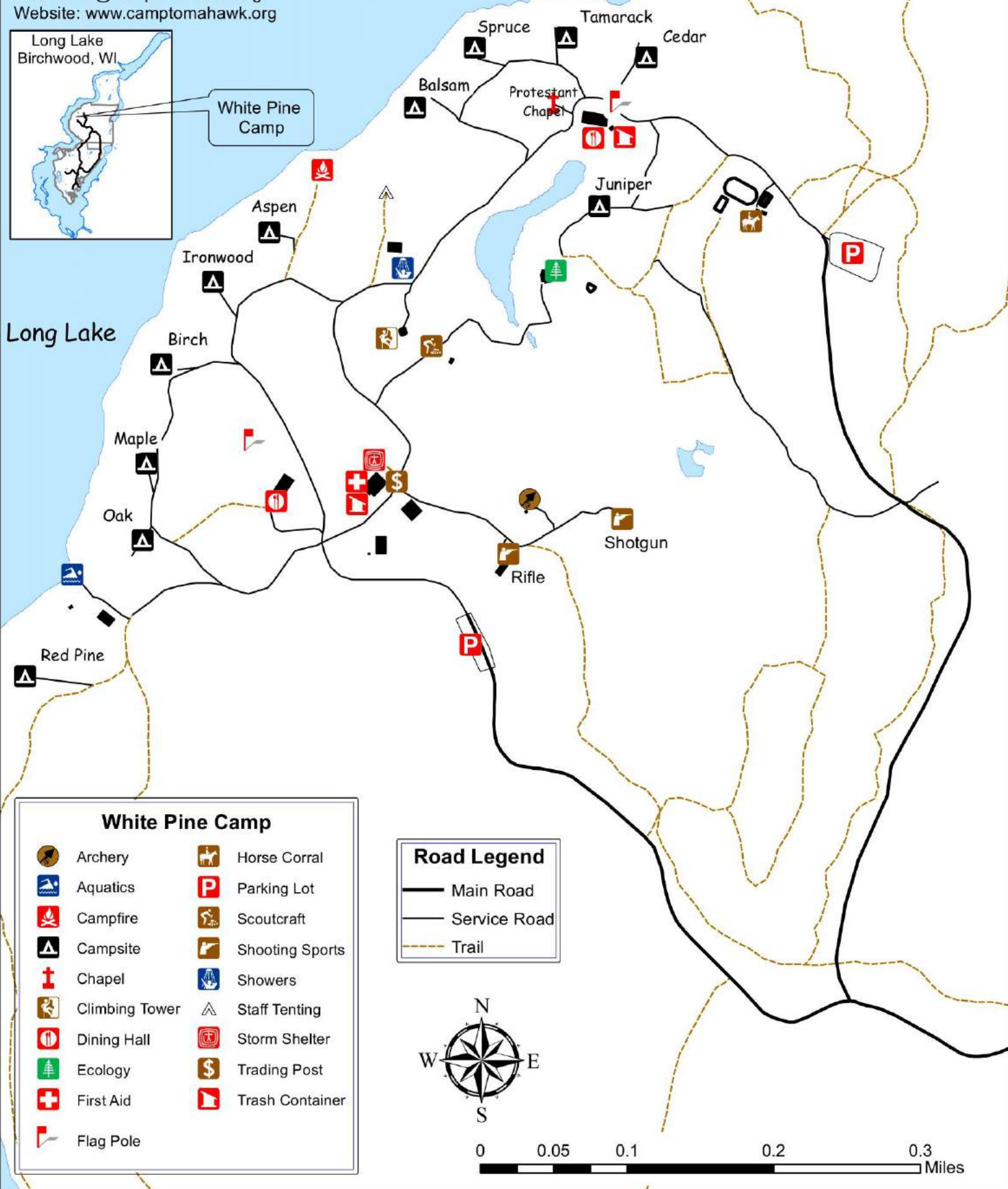
Northern Star Scouting
Email: info@camptomahawk.org
Website: www.camptomahawk.org

White Pine Camp



White Pine Camp

Long Lake



White Pine Camp

- | | |
|----------------|-----------------|
| Archery | Horse Corral |
| Aquatics | Parking Lot |
| Campfire | Scoutcraft |
| Campsite | Shooting Sports |
| Chapel | Showers |
| Climbing Tower | Staff Tenting |
| Dining Hall | Storm Shelter |
| Ecology | Trading Post |
| First Aid | Trash Container |
| Flag Pole | |

Road Legend

- Main Road
- Service Road
- Trail



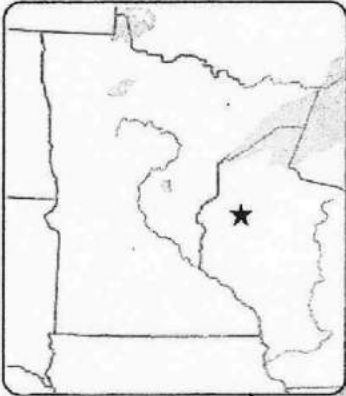
0 0.05 0.1 0.2 0.3 Miles



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Roadways and Parking

